

**The Essential 100 Challenge**  
The Essential 100 Challenge is a new exciting way to read through the Bible. The Challenge is based on carefully selected short Bible passages, 50 from the Old Testament and 50 from the New Testament, that help you get the big picture without getting bogged down.

The New Testament Challenge will begin after Easter.

**SCRIPTURE UNION'S  
BIBLE READING METHOD:**

**PRAY:**

BEFORE YOU READ,  
ASKING GOD TO HELP YOU  
UNDERSTAND HIS WORD.

**READ:**

THE BIBLE PASSAGE  
FOR THE DAY, PERHAPS MORE  
THAN ONCE.

**REFLECT:**

ON THE PASSAGE  
WRITE YOUR THOUGHTS IN A  
JOURNAL OR NOTEBOOK.

**APPLY:**

WHAT GOD TEACHES  
YOU FROM HIS WORD.

**PRAY:**

AGAIN ASKING GOD TO  
HELP YOU LIVE OUT THE WORD.

**HOW TO TAKE  
THE CHALLENGE**

THE CHALLENGE IS BASED  
ON 50 CAREFULLY SELECTED  
SHORT BIBLE PASSAGES  
FROM THE OLD TESTAMENT  
THAT HELP YOU GET THE BIG  
PICTURE WITHOUT GETTING  
BOGGED DOWN.

**FIND:**

A BIBLE TRANSLATION THAT IS  
EASY FOR YOU TO READ.

**SET ASIDE:**

SPECIAL TIME AND PLACE TO  
READ THE BIBLE EACH DAY.

**USE:**

THE LIST PROVIDED TO TRACK  
YOUR PROGRESS THROUGH THE  
ESSENTIAL 50 BIBLE PASSAGES.

**PARTICIPATE:**

IN A SMALL GROUP TO DISCUSS  
THE PASSAGES YOU HAVE BEEN  
READING

Leominster United Methodist Church  
77 Hall St  
Leominster, MA 01453

(978) 537-1356 Phone  
(978) 537-8822 Fax

lumc.pastor@verizon.net  
www.leominsterumc.org



**The  
ESSENTIAL 100  
OLD  
TESTAMENT  
CHALLENGE**

**Jan 2 – March 19, 2011**

**at  
The Leominster  
United Methodist Church**

**77 HALL ST  
LEOMINSTER, MA 01453**

## **Old Testament Daily Readings**

### **In The Beginning**

Week 1: January 2 - 8

1. Creation Genesis 1:1-2:25
2. The Fall Genesis 3:1-3:24
3. The Flood Genesis 6:5-7:24
4. God's Covenant with Noah Genesis 8:1-9:17
5. Tower of Babel Genesis 11:1-11:9

### **Abraham, Isaac and Jacob**

Week 2: January 9 - 15

6. The Call of Abram Genesis 12:1-12:20
7. God's Covenant with Abram Genesis 15:1-15:21
8. Isaac's Birth and "Sacrifice" Genesis 21:1-22:19
9. Jacob & Esau Compete Genesis 27:1-28:22
10. Jacob & Esau Reconcile Genesis 32:1-33:20

### **The Story of Joseph**

Week 3: January 16 - 22

11. Sold Into Slavery Genesis 37:1-37:36
12. Prison and a Promotion Genesis 39:1-41:57
13. Ten Brothers Go to Egypt Genesis 42:1-42:38
14. Ten Brothers Return Genesis 43:1-44:34
15. Joseph Reveals His Identity Genesis 45:1-46:7

### **Moses and the Exodus**

Week 4: January 23 - 29

16. Birth of Moses Exodus 1:1-2:25
17. The Burning Bush Exodus 3:1-4:17
18. The Ten Plagues Exodus 6:28-11:10
19. Passover and Exodus Exodus 12:1-12:42
20. Crossing the Red Sea Exodus 13:17-14:31

### **The Law and The Land**

Week 5: January 30 – February 5

21. The Ten Commandments Exodus 19:1-20:21
22. The Golden Calf Exodus 32:1-34:35
23. Joshua Succeeds Moses Joshua 1:1-1:18
24. Crossing the Jordan Joshua 3:1-4:24
25. The Fall of Jericho Joshua 5:13-6:27

### **The Judges**

Week 6: February 6 - 12

26. Israel's Disobedience Judges 2:6-3:6
27. Deborah Leads Israel Judges 4:1-5:31
28. Gideon Defeats the Midianites Judges 6:1-7:25
29. Samson Defeats the Philistines Judges 13:1-16:31
30. The Story of Ruth Ruth 1:1-4:22

### **The Rise of Israel**

Week 7: February 13 - 19

31. Samuel Listens to God 1 Samuel 1:1:3:21
32. King Saul 1 Samuel 8:1-10:27
33. David & Goliath 1 Samuel 16:1-18:16
34. David & Saul 1 Samuel 23:7-24:22
35. King David 2 Samuel 5:1-7:29

### **The Fall of Israel**

Week 8: February 20 - 26

36. David & Bathsheba 2 Samuel 11:1-12:25
37. King Solomon 1 Kings 2:1-3:28
38. Solomon's Temple 1 Kings 8:1-9:9
39. Elijah and the Prophets of Baal 1 Kings 16:29-19:18
40. The Fall of Jerusalem 2 Kings 25:1-25:30

### **Psalms and Proverbs**

Week 9: February 27 – March 5

41. The Lord Is My Shepherd Psalm 23:1-23:6
42. Have Mercy on Me Psalm 51:1-51:19
43. Praise the Lord Psalm 103:1-103:22
44. Godly Wisdom Proverbs 1:1-4:27
45. Proverbs of Solomon Proverbs 16:1-18:24

### **The Prophets**

Week 10: March 6 - 12

46. The Suffering Servant Isaiah 51:1-53:12
47. Jeremiah's Call and Message Jeremiah 1:1-3:5
48. Daniel in the Lion's Den Daniel 6:1-6:28
49. The Story of Jonah Jonah 1:1-4:11
50. The Day of Judgment Malachi 1:1-4:6

**For Small Group Information**  
**Sign Up at Church, call 978-537-1356 or**  
**e-mail [lumc.pastor@verizon.net](mailto:lumc.pastor@verizon.net)**

Optional Essential Bible Guide Devotional  
Commentary can be purchased for \$10.  
Please contact Pastor Rodney (978) 537-  
1356 if you would like one.